

# Daily Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	MT	Weetbix fingers with Marmite Fruit Platter Milk/Water	Popcorn/Rice wheels Fruit Platter Milk/Water	Marmite Sandwiches Fruit Platter Milk/Water	Fruit Platter with Yoghurt Dip Milk/Water	Hummus Sandwiches Fruit Platter Milk/Water
	Lunch	Tomato, Garlic and Capsicum Sauce with Pasta Water	Chicken and Vegetable Casserole with Couscous Water	Meatloaf with Carrot Sticks and Peas Water	Fish and Vegetable Potato Pie Water	Creamy Tomato and Mozzarella Pasta Bake with Mixed Vegetables Water
	AT	Surprise Loaf Fruit Platter Milk/Water	Sultana Scones Fruit Platter Milk/Water	Fruit Salad Muffins Fruit Platter Milk/Water	Cheese and Pineapple Rollups Fruit Platter Milk/Water	Banana Loaf Fruit Platter Milk/Water
Week 2	MT	Date Scones Fruit Platter Milk/Water	Corn Thins Fruit Platter Milk/Water	Fruit Platter with Custard Milk/Water	Toast Fingers with Marmite Fruit Platter Milk/Water	Arrowroot Biscuits Fruit Platter Milk/Water
	Lunch	Crustless Vegetable Quiche Water	Salmon and Mixed Vegetable Pasta Bake Water	Variety of Sandwiches filled with: Sliced Meat Grated Cheese with Pineapple Marmite Carrot Sticks/Sultanas Water	Steamed Rice with Carrot, Broccoli, Corn, Cauliflower, Potato and Peas Water	Mince, Beans, Salsa and Vegetables with Nachos and Grated Cheese Water
	AT	Carrot Muffins Fruit Platter Milk/Water	Cream Cheese and Chives/Ham/Marmite Sandwiches Fruit Platter Milk/Water	Pikelets with Jam Fruit Platter Milk/Water	Popcorn/Rice crackers Fruit Platter and Milk/Water	Spicy Pineapple Loaf Fruit Platter and Milk/Water
Week 3	MT	Toast with Spreads Fruit Platter Milk/Water	Crackers with Marmite and Cheese Fruit Platter Milk/Water	CrustKits with Hummus Fruit Platter Milk/Water	Toasted Raisin Bread Fingers with Honey Fruit Platter Milk/Water	Apple Oaty and Cinnamon Slice Fruit Platter Milk/Water
	Lunch	Shepherd's Pie with Peas and Corn Water	Vegetable and Rice Frittata Carrot Sticks Water	Sausage, Carrot and Baked Bean Hash Water	Corned Beef with Potato, Carrot and Parsnip Mash, Beans Water	Pasta with Tuna, Peas and Corn Water
	AT	Creamed Corn Loaf Fruit Platter Water	Lemon or Orange Muffins Fruit Platter Water	Wine Biscuits Fruit Platter Water	Cheese Scones Fruit Platter Water	Pikelets Fruit Platter Water
Week 4	MT	Spaghetti Rollups Fruit Platter Milk/Water	Fruit Platter with Yoghurt Dip Milk/Water	Banana Muffins Fruit Platter Milk/Water	Bread Triangles with Cream Cheese Fruit Platter Milk/Water	Rice Cakes Fruit Platter Milk/Water
	Lunch	Sweet and Sour Chicken with Beans, Carrots, Corn and Rice Water	Sushi with Vegetarian Fillings and Rice Balls with Tuna Water	Savoury Tomato Pasta with Fish Water	Spaghetti Bolognaise with Vegetables Water	Variety of Sandwiches Filled with: Ham Egg Cheese Marmite Carrot Sticks/Sultanas Water
	AT	Orange Scones Fruit Platter Water	Apple Muffins Fruit Platter Water	Weetbix with Spreads Fruit Platter Water	Malt Biscuits Fruit Platter Water	Savoury Muffins with Sweetcorn or Zucchini or Cheese Fruit Platter Water